



Paleo Condiments: 50 Paleo Inspired Dips, Sauces, Marinades, Dressings and Rubs (Paperback)

By Charity Wilson

Createspace, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.Tired of gnawing on dry, flavorless pieces of meat? Paleo Condiments Is The Cookbook You Need When was the last time you looked at one of those dry, boring chicken breasts and thought to yourself YUM ? Never, who does that? Everything tastes better with a condiment, but the problem is most of the packaged ones are full of unhealthy ingredients. Inside you will discover 50 condiment recipes that will flavorize your life and make your non-Paleo friends want to come over for dinner again. Paleo Grilling And BBQ Enthusiasts Rejoice What is a BBQ meal without something dripping with sauce? A travesty, that s what. Paleo followers can now enjoy barbecuing while maintaining their dedication to their lifestyle and health. The barbecue recipes you shoved to the back of the cupboard have been reborn just by replacing their sauces with these ones. Boom! That stainless steel, 14,000 BTU barbecue with the 740 square inches of cooking space just became the life of the party again. Get out the wet wipes because it s about to get saucy. Voluptuous Vegetables With the Paleo Diet, you will...



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